

## 8 - INFORMATION ON THE NATIONAL HIGHER EDUCATION SYSTEM

### Structure and Degree System

The basic structure of the Turkish National Education System consists of stages of noncompulsory pre-school education; compulsory primary (elementary and middle school) and secondary (high school) education; and higher education. Primary education begins at the age of 5.5 (66 months), lasts eight years and comprises elementary and middle school education, four years each. Secondary education is also four years and divided into two categories as "General High School Education" and "Vocational and Technical High School Education". The entry into these categories is through composite scores obtained from a centralized exam for secondary schools.

Higher education system in Turkey is managed by the Council of Higher Education (CoHE, Yükseköğretim Kurulu-YÖK) which is an autonomous public body responsible for the planning, coordination, governance and supervision of higher education within the provisions set forth in the Constitution of the Turkish Republic and the Higher Education Law. Both state and non-profit foundation universities are founded by law and subjected to the Higher Education Law and to the regulations enacted in accordance with it.

Higher education in Turkey comprises all post secondary higher education programmes, consisting of short, first, second, and third cycle degrees in terms of the terminology of the Bologna Process. The structure of Turkish higher education degrees is based on a two-tier system, except for dentistry, pharmacy, medicine and veterinary medicine programmes which have a one-tier system. The duration of these one-tier programmes is five years (300 ECTS) except for medicine which lasts six years (360 ECTS). The qualifications in these one-tier programmes are equivalent to the first cycle (bachelor's) plus second cycle (master's) degree. Undergraduate level of study consists of short cycle (associate's)-(önlisans derecesi) and first cycle (bachelor's)-(lisans derecesi) degrees which are awarded after successful completion of full-time two-year (120 ECTS) and four-year (240 ECTS) study programmes, respectively.

Graduate level of study consists of second cycle (master's)-(yüksek lisans derecesi) and third cycle (doctorate)-(doktora derecesi) degree programmes. Second cycle is divided into two sub-types named as master without thesis and master with thesis. Master programmes without thesis require 60 to 90 ECTS credits and consist of courses and a semester project. 60 ECTS non-thesis master programmes are exceptional, and exist in a few disciplines. The master programmes with a thesis require 90 to 120 ECTS credits, which consists of courses, a seminar, and a thesis. Third cycle (doctorate) degree programmes are completed having earned a minimum of 180 ECTS credits, which consists of completion of courses, passing a proficiency examination and a doctoral thesis. Specialization in medicine, accepted as equivalent to third cycle programmes are carried out within the faculties of medicine, university hospitals and the training hospitals operated by the Ministry of Health.

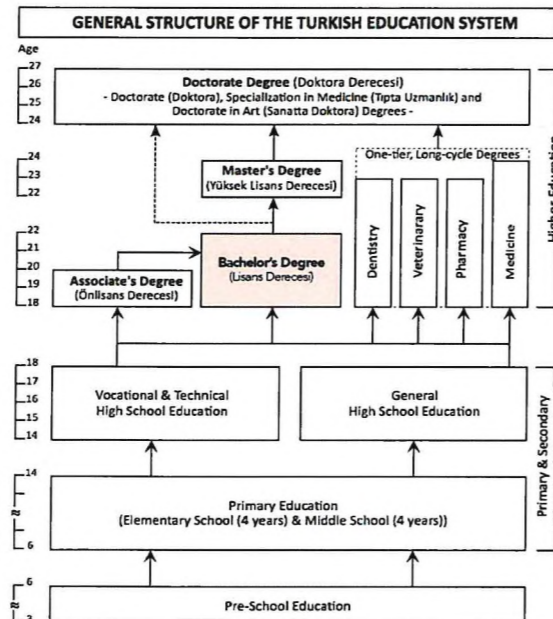
Universities consist of graduate schools (Institutes) offering second cycle (master's) and third cycle (doctorate) degree programmes, faculties offering first cycle (bachelor's degree) programmes, four-year higher schools offering first cycle (bachelor's) degree programmes with a vocational emphasis and two-year vocational schools offering short cycle (associate's) degree programmes of a strictly vocational nature.

Since 2003, first cycle degree holders may apply directly to third cycle (doctorate) programmes if their performance at the first cycle degree level is exceptionally high and their national central Graduate Education Entrance Examination (ALES) score is also high and their application is approved. For these students, theoretical part of the programmes requires additional courses of 60 ECTS credits.

Admission of national students to short and first cycle degree programmes is centralized and based on a nationwide one/two-stage examination(s) conducted by an autonomous public body (Assessment, Selection and Placement Centre-ÖSYM). Candidates gain access to institutions of higher education based on their composite scores consisting of the scores on the selection examination and their high school grade point averages. Admission to graduate programmes is directly conducted by the higher education institutions (HEIs) within the frameworks of the publicly available national and institutional regulations. Admission of foreign students to programmes at all levels of higher education can be done by direct applications of candidates to HEIs based on publicly available national and institutional regulations.

**The Turkish National Qualifications Framework for Higher Education (TYYÇ):** The National Qualifications Framework for Higher Education in Turkey (TYYÇ) developed with reference to the QF for European Higher Education Area and the EQF for lifelong learning was adopted by the CoHE in 2010. The framework has been developed as a part of a single national qualifications framework, which would eventually consists of 8 level national framework covering all levels of educations on completion of the ongoing work at the national level, in which the higher education levels lie on levels between 5 to 8. The levels of the TYYÇ with reference to the European overarching qualifications frameworks as well as that to ECTS credits and student workload are shown below.

TYYÇ LEVELS, QUALIFICATIONS TYPES AND ECTS CREDITS						
Higher Education Levels/Cycles			AWARDS/ DEGREES	LENGTH (Year)	TOTAL ECTS CREDITS (Year x 60 ECTS)	TOTAL STUDENT WORKLOAD (h) (1 ECTS= 25-30h)
QF- EHEA	EQF- LLL	TYYÇ LEVELS				
3	8	8	Doctorate Specialization in Medicine Doctorate in Art	3 (min.)	180 (min.)	4.500 – 5.400
	2	7	Master's Degree	1- 2	60 - 120	1.500 – 3.600
	1	6	Bachelor's Degree	4	240	6.000 – 7.200
Short Cycle	5	5	Associate's Degree	2	120	3.000 – 3.600



## DIPLOMA SUPPLEMENT

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Diploma No

This Diploma Supplement follows the model developed by the European Commission, Council of Europe and UNESCO/CEPES. The purpose of the supplement is to provide sufficient independent data to improve the international transparency and fair academic and professional recognition of qualifications (diplomas, degrees, certificates, etc.). It is designed to provide a description of the nature, level, context, content and the status of the studies that were pursued and successfully completed by the individual named on the original qualification to which this supplement is appended. It should be free from any value judgments, equivalence statements or suggestions about recognition. Information in all eight sections should be provided. Where information is not provided, an explanation should give the reason why.

### 1 INFORMATION IDENTIFYING THE HOLDER OF THE QUALIFICATION

- 1.1 Family name(s)
- 1.2 Given name(s)
- 1.3 Date of Birth
- 1.4 Student identification number or code (if available)

### 2 INFORMATION IDENTIFYING THE QUALIFICATION

- 2.1 Name of qualification: Beslenme ve Diyetetik Lisans Derecesi
- 2.2 Main field(s) of study for the qualification: Nutrition and Dietetics
- 2.3 Name and status of awarding institution (in original language): İstinye Üniversitesi, Vakıf Üniversitesi, Özel Kanunla Kurulmuş, Kar Amacı Gütmeyen, Devlet Tarafından Tanınan Vakıf Üniversitesi  
İstinye University, Non-profit Foundation University, Public Legal Entity, State Recognised.
- 2.4 Institution (if different from 2.3) administering studies (in original language): Same as 2.3
- 2.5 Language(s) of instruction/examination: Turkish

### 3 INFORMATION ON THE LEVEL OF THE QUALIFICATION

- 3.1 Level of qualification: First Cycle (Bachelor's Degree) Level 6 in National Qualifications Framework For Higher Education in TURKEY(NQF-HETR,TYYÇ)
- 3.2 Official length of programme: 4 years
- 3.3 Access requirements(s): The Department of Nutrition and Dietetics accepts students according to the relevant examination result made by the student selection and Placement Center in the same year.

### 4-INFORMATION ON THE CONTENTS AND THE RESULTS GAINED

- 4.1 Mode of study: Full-time
- 4.2 Programme Requirements:

Students who carry out the requirements in the "qualification requirements and rules" section will be eligible for graduation.

#### Programme Objectives

The aim of this field is to educate "dietitian" who works for protecting community health on their lifetime, improving quality of life as provide public to have an adequate nutrition degree and has scientific and ethical values, be able to use communication skills effectively, follow and apply the developments in the field.

#### Learning Outcomes and Competences

1. To be able to evaluate the basic knowledge and evidence-based developments in the field of Nutrition and Dietetics, research, implementation, accuracy, reliability and validity.
2. To be able to develop an individual-specific nutritional plan and program in accordance with the rules of adequate and balanced nutrition, determination of energy and nutrient requirements of individuals with scientific methods.
3. Develop the nutritional and nutritional plan and policy for the protection, improvement and improvement of health by using methods for determining the nutritional status of the population.
4. To be able to evaluate the factors affecting the nutritional quality of the individual and society in production consumption chain and apply standards and legal regulations on food safety and security.
5. To use the current technologies, computer and information processing skills in the process of gathering and implementing basic information about Nutrition and Dietetics, having the ability of problem solving and decision making, creating a research project, information gathering and report preparation process.
6. Defines, evaluates, interprets, produces solutions, produces medical nutrition therapy, makes team work with all national and international stakeholders in health and social fields, acts according to ethical rules by using current knowledge and skills acquired in Nutrition and Dietetics field.
7. Taking into consideration the energy and nutrient requirements of the target group, evaluating the Nutrition and Dietetic aspects, makes menu planning in the institutions which are mass-fed and takes care of the food safety at all stages from the purchase of food to the service, and utilizes the technological developments in providing the appropriate service delivery.
8. Develops and implements strategies to encourage individuals and communities to choose safe and healthy foods, and prepares and updates relevant educational materials.
9. Makes laboratory applications for product development, nutrient analysis and factors affecting quality, evaluates and evaluates according to legal regulations.
10. Plans, manages, evaluates, monitors, reports and leads teamwork and supports the creation of national and international nutritional and nutritional plans and policies to promote healthy nutrition awareness of individuals and society throughout the life cycle.
11. Plans, implements, monitors and evaluates the appropriate medical nutrition therapy in an interdisciplinary approach, taking into account the sociocultural and economic structure of patients with different age groups. Participates in clinical trials.
12. Uses English at an adequate level to follow professional developments and to communicate with colleagues, patients and the community.
13. Uses current informatics and communication technologies effectively to reach and disseminate information in the field.
14. All field studies and scientific studies work in teams with their colleagues and different professions.
15. Performs his / her duties within the framework of Professional Responsibility and ethical values, adopts the importance of lifelong learning and continuously develops himself / herself by following the developments in science, technology and health, and ensures the progress and development of the profession of dietitian.

4.3 Programme details and the individual grades/marks/credits obtained:

Courses	Category	Grade	ECTS
BES101 Anatomy 1	Required	DD	4
BES105 Basic Chemistry and Laboratory	Required	CB	3
BSL114 Medical Biology and Genetics	Required	BB	2
FTR104 Physiology 1	Required	CB	3
ING 111 General English 1	Required	BB	4
XMAT111 Mathematics	Required	AA	3
BES102 Nutrition Education and Counseling	Required	CB	3
XUN025 Entrepreneurship	Elective	BB	3
BES031 Tariff Development and Portioning	Elective	BB	3
BSL 121 Anatomy 2	Required	BB	4
BSL121 Principles of Metabolism	Required	BA	3
ING 121 Foreign Language 2	Required	CB	2
SBF 129 Professional Orientation	Elective	BB	5
UNI017 Sportsman Health	Elective	BB	3
OMR001 Manifest of Istinye 1	Required	BI	1
BSL225 Phytotherapy	Elective	BA	4
BSL 112 Nutrition Principles and Practices 2	Required	CB	4
DIL511 English for Specific Purposes 1	Elective	BA	5
BES301 Food Chemistry and Analysis 1	Required	DC	5
BES304 Microbiology	Required	BB	3
BSL 201 Nutrition Biochemistry 1	Required	BB	5
XUN031 Ethics in Health Profession	Elective	CB	3
BES018 Nutrition in Old Age	Elective	BA	3
BSL 122 Nutrition Principles and Practices 2	Required	DD	5
DIL512 English for Specific Purposes 2	Elective	BA	5
XBSL221 Anthropology of Nutrition	Elective	CB	5
BSL222 Nutrition Biochemistry 2	Required	CC	5
BSL223 Food Chemistry and Analysis 1	Required	CC	5
BSL224 Food Microbiology	Required	CC	5
XBSL226 Nutrition Principles and Practices 2	Elective	CB	2
ISU211 Manifest of Istinye 2	Required	BI	1
BES501 Mother and Child Nutrition	Required	BB	4
BES502 Biostatistics	Required	DC	3
BES503 Medical Nutrition Therapy in Pediatric Diseases 1	Required	BB	4
BES504 Pathophysiology of diseases	Required	BB	2
BES505 Mass Food Systems 1	Required	DD	3
BES506 Determination of Nutritional Status in Society	Required	CB	2
BES507 Medical Nutrition Therapy in Adult Diseases 1	Required	CC	5
OMR003 Manifest of Istinye 3	Required	BI	1
UNI004 English for Academic Purposes 1	Elective	BB	4
BES008 Nutrient Drug Interaction	Elective	CB	3
BES302 Medical Nutrition Therapy in Adult Diseases 2	Required	BB	4
BES304 Medical Nutrition Therapy in Pediatric Diseases	Required	CC	3
BES306 Collective Nutrition Systems 2	Required	CC	4
BES308 Clinical Obesity in Children and Adults	Required	CB	3
BES310 Research Methods	Required	BA	2
BES312 Community Nutrition Problems and Epidemiology	Required	BA	3
BES314 Clinical Psychology	Required	CB	3
DIL502 English for Academic Purposes 2	Elective	DC	5
SEG004 Manifest of Istinye 4	Required	BI	1
TRK101 Turkish Language 1	Required	AA	2
ATA101 Atatürk's Principles and History of Turkish Revolution 1	Required	CB	2
BES007 Sports Nutrition	Elective	BB	3
BES401 Clinic and Practice 1	Required	CB	8
BES403 Clinic and Practice 2	Required	CB	8
BES405 Seminar 1	Required	AA	3
BES481 Internship	Required	BI	1
BES491 Graduation Project 1	Required	BI	3
TURK 121 Turkish Language 2	Required	AA	2
ATA102 Atatürk's Principles and History of Turkish Revolution 2	Required	CB	2
BES006 Nutrition in Surgical Diseases	Elective	CB	3
BES402 Clinic and Practice 3	Required	DC	6
BES404 Clinic and Practice 4	Required	DC	6
BES406 Seminar 2	Required	BA	3
BES492 Graduation Project 2	Required	BI	3
<b>TOTAL</b>		<b>2.56</b>	<b>242</b>

Total ECTS : 242

Cumulative Grade Point Average (CGPA): 2.56 out of 4.00

4.4 Grading scheme and, if available, grade distribution guidance.

Grading Scheme:

Grades included in the CGPA				Grades not included in the CGPA		
Grade	Numerical Value	Total Number Awarded in the Reference Group	Percentage of the Total Number	Grade	Definition	Numerical Value
AA	4	654	18.10%	S	Satisfactory	-
BA	3.5	522	14.44%	U	Unsatisfactory	-
BB	3	503	13.92%	EX	Exempted	-
CB	2.5	283	7.83%			
CC	2	150	4.15%			
DC	1.5	81	2.24%			
DD	1	83	2.30%			
AA	0	344	9.52%			
BA	0	203	5.62%			
BB	0	331	9.16%			
CB	0	239	6.61%			
CC	0	114	3.15%			
DC	0	63	1.74%			
DD	0	44	1.22%			
		<b>3614</b>	<b>100%</b>			

\* Lowest passing grade is "DD"

4.5 Overall classification of the qualification:

Genel Not Ortalaması: 2.56 / 4.00 Yeterli

Cumulative Grade Point Average (CGPA): 2.56 / 4.00 Satisfactory

5- INFORMATION ON THE FUNCTION OF THE QUALIFICATION

5.1 Access to further study

May apply to second cycles, programs.

5.2 Professional status

This degree enables the holder to exercise the profession.

6- ADDITIONAL INFORMATION

6.1 Additional Information

N/A

6.2 Further information sources

University web site: [www.istinye.edu.tr](http://www.istinye.edu.tr)  
 University ECTS Info Package: <https://sis.istinye.edu.tr/bilgipaketi/>  
 The Council of Higher Education Website: <http://www.yok.gov.tr>  
 The Turkish ENIC-NARIC Website: <http://www.enic-naric.net/index.aspx?c=Turkey>  
 The NQF (TYYC) for Higher Education Website: <http://tyyc.yok.gov.tr/>

7- CERTIFICATION OF THE SUPPLEMENT

7.1 Date

02/07/2020

7.2 Name and signature

Mahide İLGAR

7.3 Capacity

The Registrar

7.4 Official stamp or seal

